



Session 2 Afterschool Clubs

Mondays Oct 16 - Dec 11

Lego Robotics 5th-8th Grade, 3:45-5:00 pm, \$80.50 (Session 1 returning students only), \$100.50 (includes t-shirt), RM 306 Holiday Oct 23 + Nov 20, Make-Up Dec 18, Min 4 - Max 10 Students

The FSA Techno Dragons will be competing in the First Lego League Competition again this season. This year's theme is entitled Hydro DynamicsSM in which teams are asked to learn all about water-how we find, transport, use, or dispose of it. Teams will then work with a mentor to create a project based around their answers to the following question: What might become possible when we understand what happens to our water?

Students will also build and learn to program their robot to move via sight, touch, distance, and sound as they attempt to solve this year's field challenges. Students are expected to sign up for two sessions as the end of season competition takes place in mid November.

About the Instructor: Kenny Rochester is a Middle School Math teacher at the Friends School of Atlanta who enjoys programming robots. This is his fifth year as a coach of the FSA Techno Dragons.

Musical Adventures ES, 3:45-4:45 pm, \$80.50, Holiday Oct 23 + Nov 20, Make-Up Dec 18, Min 4 - Max 15 Students

Musical Adventures Club is for the elementary student who would like to participate in a fun music ensemble that will be playing a variety of music from folk, Broadway Musicals, world music, soul, rock and more. Children will have a chance to sing, choreograph, play percussion and pitched instruments. If a child already plays an instrument, then there will be an opportunity to incorporate that instrument into the "band." There will be recorder, ukulele and xylophone instructions offered. There will be an emphasis on singing simple harmonies as well. If your child is more inclined to be the dancer, there will be plenty of opportunity to move to music. This club will be perfect for the active child that needs more time to explore the world of music making! Let's PLAY!!!!

About the Instructor: Sara is beginning her fourth year as the Music, Movement and Drama Teacher for Friends School. She bases a large portion of her music instruction on the Orff Schulwerk methodology for teaching music to elementary aged children. Rhythm explorations always include movement of all kinds. It's a very child friendly ideology. Before Sara became the music, movement and drama specialist, she taught for 10 years as an FSA classroom teacher, always including music, movement and drama! As a musician, she is currently singing in an improvisation group, breaking ground for community singing events of ATL Circle Song and performing for eldercare communities, as well as with friends such as Elise Witt. She recently was trained to teach Brain Education classes, and will be using her new skills in all of her work with children, supporting them to be "power brains!"

Tile Painting Design, ES, 3:45-4:45 pm, \$90.50 (includes materials fee), Holiday Oct 23 + Nov 20, Make-Up Dec 18, No Min - Max 12 Students

We will be creating colorful geometric patterns onto painted tiles using enamel paints and mounting onto frames. **About the Instructor:** Fiona Thompson is FSA's art teacher and has taught art in Afterschool Clubs since 2004. She also has worked at the High Museum of Art as an instructor to both public and private schools in the greater Atlanta area.

Session 2 Clubs

ES = elementary students

MS = middle school students

All = all students

All Elementary Pick-Up Locations are in the Gym

MONDAYS:

Lego Robotics MS

Musical Adventures ES

Tile Painting Design ES

MS Theater Club

American Sign Language ES

TUESDAYS:

Soccer Club PreK—2nd

Drama Club 4th-8th

Chess Club 2nd –8th

Critter Club MS

Golf ES

WEDNESDAYS:

Art Studio MS

Drama Club ES

Critter Club 1st-4th

THURSDAYS:

Drama Club 4th-8th

Kung Fu K-4th

Girls STEAM Squad MS

Fabric Masterpieces ES

FRIDAYS:

Indoor Hockey ALL

Individual Music Lessons

- Piano, Flute, Clarinet, Saxophone, Recorder, All Ages, Tues - Fri

- Guitar or Ukulele, All Ages, Mon - Fri

Mondays Oct 16 - Dec 11

MS Theater Club, 5th-8th Grade, 3:30-5:00, CMR, \$80.50, Holiday Oct 23 + Nov 20, Make-Up Dec 18, No Min-No Max

This quarter, in addition to improvisation, we will work on playwriting. Students will learn about story arc, how to develop characters, and how to write entertaining scenes.

About the Instructor: This is Chris Willoughby's second year at FSA. Chris has 26 years of experience in theater and has directed over 50 plays and musicals. He is excited to be working with Middle School students this year.

American Sign Language, ES, 3:45-4:45 pm, \$80.50, Holiday Oct 23 + Nov 20, Make-Up Dec 18, Min 6 - Max 12 Students

This club will introduce students to ASL vocabulary as well as grammatical and semantic features. The best way to learn a new language is through immersion, so the first 40 minutes of the club will be "voice off". In the second part of club, students will talk about Deaf Culture, focusing at the end of the session on musical interpretation in ASL. **About the Instructor:** Jillian has been using ASL to teach and interact with the Deaf Community for 15 years. She has studied ASL at Gallaudet University, focusing on ASL storytelling. Jillian loves the beauty and playfulness of ASL and loves to share that with children. Jillian is FSA's new 2nd grade teacher.

Tuesdays Oct 17 - Dec 12

Kidz 'n' Kicks Soccer, *Prek-2nd, 4:00 - 4:45, \$92 or \$102 (with t-shirt materials fee), Holiday Nov 21, Make-Up Dec 19, Min 5 - Max 10 Students *This club is for ages Prek-2nd grade only *This club is 45 minutes

Kidz 'n' Kicks Soccer is a fun, high-energy and innovative soccer program designed for kids of ages 2 through 8. This in-school program introduces kids to soccer using fun games and activities. Besides the physical benefits like coordination and balance, Kidz 'n' Kicks also helps develop valuable social traits like self-esteem, respect, empathy, caring and character. Our goal is to make a difference in your child's life! Your kids will fall in love with our program because it is all about having fun while learning basic skills!!! After much discussion and feedback from the director, this club will now run for 45 minutes. This is the same amount of time that Kidz 'n' Kicks runs their programs in other locations. *Please let Anna know if you have any questions or concerns.*

About the Instructor: Stanley Nyazamba is a 2008 Major League Soccer Champion with Columbus Crew, Stanley has had success in soccer at the highest level. The former pro soccer player played for 6 years, and featured in all 3 pro leagues in the United States. Being a positive role model, making a difference, as well his love for kids is what made him start coaching. With 10+ years coaching kids of all ages, Stanley brings a very unique intercultural perspective that will help all kids learn and look at life differently.

Drama Club, 4th-8th Grade, 3:30-5:00, \$120, CMR, Holiday Nov 21, Make-Up Dec 19, No Min- No Max *This club meets on Tuesdays and Thursdays * Performance in early December (TBD)

Fourth - Eighth Grade students are encouraged to join the second quarter of middle school drama production. If we have enough students we will produce *Macbeth: A Cautionary Tale Concerning Greed, Power, Mayhem, and Other Current Events, based on Shakespeare's Scottish tragedy.* Macbeth and his Lady covet the crown while witches, ghosts, kings and soldiers (including sword fighting) sweep across the landscape, carving out the battle between good and evil. Shakespeare characters speak the Bard's words, while storytellers fill in plot and comment wryly on the escalating action. The storytellers' caution at play's end: "Watch out what you ask for...and be careful who you hang out with." **About the Instructor:** This is Chris Willoughby's second year at FSA. Chris has 26 years of experience in theater and has directed over 50 plays and musicals. He is excited to be working with Middle School students this year.

Tuesdays Oct 17 - Dec 12

Chess Club, 2nd-8th Grade, 3:45-4:45, \$92, Holiday Nov 21, Make-Up Dec 19, Min 4-Max 8 Students

Championship Chess presents a systematic, fun, way to build chess skills during chess instruction and while students play. Studies show that chess improves math, reading and problem-solving, and our methods connect these academic benefits to our classes. Classes include instruction, as well as chess play and guided analysis. Please go to www.championshipchess.net for more information.

Please note that Coach Rodney will separate the group by age and level so no need to be concerned about the wide age range.

About the Instructor: Rodney Lewis teaches chess in 12 schools here in Atlanta. He has been coaching for nine years. His older brother taught him how to play back in NYC.

Learning to Play Golf, ES, 4:00- 4:30, \$120, Holiday Nov 21, Make-Up Dec 19, Min 5 students

To some, golf seems to be a boring game but once you learn how to hit the ball and see it soar, you start feeling the excitement of the sport. Our golf classes start with warm-up and stretching exercises, improving the grip and stance, chipping, putting, learning the course rules and etiquette. The golf classes will teach your child skills like hand and eye coordination, rhythm, patience, proper swing, balance, determination, discipline and sportsmanship...

About the Instructor: Each week Coach David , from Playtime Athletics, will bring several different types of clubs and putters, and at least one set of everything for children that are left handed. He will also bring putting greens, chipping nets and more.

For more information, go to <https://playtimeathletics.com/>

Critter Club, MS Grade, 3:45 - 4:45, \$92, Holiday Nov 21, Make-Up Dec 19, Min 5- Max 20 Students

Critter Club is back for another session of creepy, crawly fun! Club members will interact with and learn about both native and exotic species of amphibians and reptiles. Proper animal handling techniques will be taught while we examine animal life cycles, as well as their natural environments. We will focus on the biology and diversity of these amazing animals as we explore ways to conserve and be better stewards of the animals around us. But most importantly... we get to handle animals!!!

About the Instructor: Crystal Mandica is an FSA Parent. Crystal is also the Vice President and Director of Education for The Amphibian Foundation, an Atlanta based non-profit corporation. Crystal is also the main instructor of Critter Camp during the summer.

Wednesdays, Oct 18 - Dec 13

Middle School Art Studio, 5th- 8th Grade, 3:45 - 4:45, \$102 (includes materials fee), Holiday Nov 22, Make-Up Dec 20, No Min - Max 15 Students

This class is for middle school students who would like to learn more art techniques to help their overall art skills improve. They will be encouraged to develop their own ideas into a unique art piece that reflects a wide selection of these learned techniques.

About the Instructor: Fiona Thompson is FSA's art teacher and has taught art in Afterschool Clubs since 2004. She also has worked at the High Museum of Art as an instructor to both public and private schools in the greater Atlanta area.

Wednesdays, Oct 18 - Dec 13

Drama Club, ES, 3:45-4:45, \$92, Holiday Nov 22, Make-Up Dec 20, Min 4 - Max 15 Students

Your child is invited to explore the vast world of imagination and how imagination gives a person the resources to solve all problems, large and small. There is nothing like the sparkly eyes of a child who has just been asked, "What do you want to be?" Sara Moylan, FSA's music, movement and drama teacher, is delighted to offer drama club on Wednesday afternoons for the child who wants to romp as the being of choice, to create story adventures with others, and to be immersed in the childhood world of make-believe. During the club children will create an original play, complete with costumes, props, music, and choreography. The club will end with a performance, of course. Whether your child is comfortable with self expression or growing that precious voice, this is the perfect opportunity to play and expand!

About the Instructor: Sara is beginning her fourth year as the Music, Movement and Drama Teacher for Friends School. She bases a large portion of her music instruction on the Orff Schulwerk methodology for teaching music to elementary aged children. Rhythm explorations always include movement of all kinds. It's a very child friendly ideology. Before Sara became the music, movement and drama specialist, she taught for 10 years as an FSA classroom teacher, always including music, movement and drama! As a musician, she is currently singing in an improvisation group, breaking ground for community singing events of ATL Circle Song and performing for eldercare communities, as well as with friends such as Elise Witt. She recently was trained to teach Brain Education classes, and will be using her new skills in all of her work with children, supporting them to be "power brains!"

Critter Club, 1st-4th, 3:45 - 4:45, \$92, Holiday Nov 22, Make-Up Dec 20, Min 5 - Max 20 Students

Critter Club is back for another session of creepy, crawly fun! Club members will interact with and learn about both native and exotic species of amphibians and reptiles. Proper animal handling techniques will be taught while we examine animal life cycles, as well as their natural environments. We will focus on the biology and diversity of these amazing animals as we explore ways to conserve and be better stewards of the animals around us. But most importantly... we get to handle animals!!!

About the Instructor: Crystal Mandica is an FSA Parent. Crystal is also the Vice President and Director of Education for The Amphibian Foundation, an Atlanta based non-profit corporation. Crystal is also the main instructor of Critter Camp during the summer.

Thursdays, Oct 19 - Dec 14

Drama Club, 5th-8th Grade, 3:30-5:00, \$120, CMR, Holiday Nov 23, Make-Up Dec 21, No Min- No Max

***This club meets Tuesdays and Thursdays**

***If your child joined in Session 1 you do *not* need to sign up again**

***4th-8th Graders welcome!**

Performance in early December (TBD)

Fourth - Eighth Grade students are encouraged to join the second quarter of middle school drama production. If we have enough students we will produce *Macbeth: A Cautionary Tale Concerning Greed, Power, Mayhem, and Other Current Events*, based on Shakespeare's Scottish tragedy. Macbeth and his Lady covet the crown while witches, ghosts, kings and soldiers (including sword fighting) sweep across the landscape, carving out the battle between good and evil. Shakespeare characters speak the Bard's words, while storytellers fill in plot and comment wryly on the escalating action. The storytellers' caution at play's end: "Watch out what you ask for...and be careful who you hang out with." **About the Instructor:** This is Chris Willoughby's second year at FSA. Chris has 26 years of experience in theater and has directed over 50 plays and musicals. He is excited to be working with Middle School students this year.



Thursdays, Oct 19 - Dec 14

Art-Fabric Masterpieces, ES, 3:45 - 4:45, \$102 (includes materials fee), Holiday Nov 23, Make-Up Dec 21 No Min - Max 15 Students

Do you have a favorite Artist or like a certain artwork they have made? We will be recreating these favorite and famous images with different kinds of fabric to create wall hangings. **About the Instructor:** Fiona Thompson is FSA's art teacher and has taught art in Afterschool Clubs since 2004. She also has worked at the High Museum of Art as an instructor to both public and private schools in the greater Atlanta area. **About the Instructor:** Fiona Thompson is FSA's art teacher and has taught art in Afterschool Clubs since 2004. She also has worked at the High Museum of Art as an instructor to both public and private schools in the greater Atlanta area.

Girls STEAM Squad, MS, 4:00- 5:00, \$102 (includes materials fee), Holiday Nov 23, Make-Up Dec 21, Min 5 -Max 10 students

Invent, design, and code in this GIRLS ONLY **STEAM** after school "squad" in the Innovation Lab at FSA. Girls in grades 5-8th will experiment with different technologies and kits to have fun coding and creating while working in small groups on projects of their choosing. We are offering this girls only after school club to foster interest in the **STEAM** subjects by learning about women in the **STEAM** careers, as well as create an environment that encourages girls in design and the sciences. **About the Instructor:** Jennifer Wardell Smith is a former 4th-5th grade classroom teacher and has over 13 years of experience working with children and technology in the classroom. She has an M.A in Educational Technology and is the Innovation lab instructor at FSA.

Kung Fu, K-4th Grade, 3:30-4:30, \$92 or 102 (with t-shirt materials fee), Holiday Nov 23, Make-Up Dec 21, Min 5 - Max 10 Students

Kids Kung Fu is a fun animal imitating Martial Art. This club teaches and guides in children's coordination and focus, physical and mental well being, and respect and discipline of the mind and body.

Important note to Parents: Kids participating in Kung Fu should wear sweats or shorts, sneakers, and the material fee will cover the t-shirt that your kids will wear during class. (No skirts, dresses, or sandals of any kind.)

If you are returning you do not have to pay another materials fee unless your child does not have his/her t-shirt anymore or needs a larger size. **About the Instructor:** Gary Mitchell has studied various styles of Chinese Martial Arts with 32 years' experience.

Fridays, Oct 27 - Dec 15

Floor Hockey, ALL, 4:00 - 5:00, \$80.50, Holiday Nov 24, No Min - Max 15

All level Hockey players are welcome!

Fiona Thompson will present a fun, action packed hour of exciting Indoor Floor Hockey to elementary and middle school students.

We will learn some easy dribbling techniques and play by rules that help both girls and boys to develop teamwork skills together.

We will hold a pickup hockey game after each club session time for interested players from Grades 5-8 only . Parents are welcome to join us to play or watch their students during this time.

***This is an all levels club where any age group can practice and play together safely.**

About the Instructor: Fiona Thompson is FSA's art teacher and has taught art in Afterschool Clubs since 2004. She also has worked at the High Museum of Art as an instructor to both public and private schools in the greater Atlanta area.

Individual Music Lessons

Piano, Flute, Clarinet, Saxophone, Recorder Lessons With Beth Heidelberg, ALL, Tuesday, Wednesday or Thursday, \$195 for 8 weeks, Friday, \$170 for 7 weeks. Extra cost for books, please read below.

Beth Heidelberg is offering private (30-minute) music lessons. Lessons are available in piano, flute, clarinet, saxophone and recorder. The student must own, rent or borrow an instrument to use. An electric keyboard is acceptable and there is a piano on site for the lessons. The “Faber Method” is used for piano lessons. There are four books in each level, used simultaneously, and the cost is approximately \$28. It usually takes about a year to complete each level. It is a great series and provides a strong foundation in piano. Instructional books for woodwinds are around \$12, depending on the instrument.

Because many students continue taking lessons throughout the year and only a few slots open each session, we are beginning a waitlist process. If your child does not get a spot in Session 1, please let Anna and Beth know you would like to be put on the waiting list.

****You must sign your child up on the club sign-up form. After signing up on the Google form, please call Beth at 404-248-1432 to discuss scheduling. Beth will contact everyone for final scheduling and then provide FSA with a list of final students.**

****Financial Assistance is currently only offered to those students who are already enrolled in lessons with Beth.**

About the Instructor: Beth has performed professionally in Atlanta for many years and has taught classes and private lessons during this time. She has been a long-time favorite with Friends School students, having taught in the Afterschool Club program since 1999.

Individual Music Lessons

Guitar or Ukulele Lessons with Matthew Pendrick, ALL, Mondays or Fridays, \$210 for 7 Weeks, Tuesday, Wednesday or Thursday, \$240 for 8 Weeks

I enjoy teaching all ages and appreciate the unique connection that each student brings to the table. I like to begin my lessons by trying to understand the student, where they are coming from personally and musically, and what they are hoping to achieve. With children, my primary goal is engagement and keeping the learning process fun. I strive to strike a balance between making progress on our instrument, which as we know can be challenging, and having fun. I think this balance is the key to longevity. I've found that if music isn't fun, we lose motivation and it's easy for practice to fall by the wayside. After I've gotten a feel for what the students and their parents' are hoping to accomplish, I like to steer the lesson by setting achievable milestones and recognizing each bit of progress. Each student and each lesson are different, so I like to take the time to find what approach works best for each situation. Good technique and a solid grasp of fundamentals will always be an important cornerstone of learning music, but it's just as important to take care in how we arrive at them, in our own time. Students' lives are often very busy, so I try to stress that practice is best when it happens regularly, if even just for a few minutes. What I find is that once we sit down at the instrument, the motivation to get better is there. I also like to find common ground between the parents and child's musical taste so that music can be a shared experience.

****You must sign your child up on the club sign-up form. Then call or email Matthew, 404-906-4643 or mjpendrick@gmail.com to register your child. Once Matthew has finalized his list of students, he will give to FSA and you will be charged.**

About The Instructor: Matthew Pendrick is a native of Decatur, where he has taught music for 4 years and performed as a professional musician for nearly a decade. His love of music began at a young age, honing his ears while digging through his mother's collection of classic jazz and blues. In grade school, he took up the clarinet, and later the saxophone. His high school marching band had the honor of performing at Georgia Dome, where Matthew performed solos on his alto sax in a Ray Charles inspired show. After earning his Bachelor's degree from Georgia State University, where he studied music and creative writing, Matthew began his teaching career at First Baptist Church of Decatur, where he has also worked as a child care counselor and special needs teaching assistant. An active member of Atlanta's vibrant music scene, Matthew has performed hundreds of concerts and shared the stage with notable acts including Michelle Malone, Cicada Rhythm, and the Whigs. As an instructor, Matthew values the personal engagement that music offers and prioritizes taking a unique approach to each student, based on their goals and motivations.
