



Session 3 Afterschool Clubs

Mondays, 5 Weeks

American Sign Language, ES, 3:45-4:45 pm, \$58, Holidays Jan 15 + Feb 19 + Mar 5, Make-Up Mar 12, Min 6 - Max 12 Students

This club will introduce students to ASL vocabulary as well as grammatical and semantic features. The best way to learn a new language is through immersion, so the first 40 minutes of the club will be "voice off". In the second part of club, students will talk about Deaf Culture, focusing at the end of the session on musical interpretation in ASL. **About the Instructor:** Jillian has been using ASL to teach and interact with the Deaf Community for 15 years. She has studied ASL at Gallaudet University, focusing on ASL storytelling. Jillian loves the beauty and playfulness of ASL and loves to share that with children. Jillian is FSA's new 2nd grade teacher.

Art Club - Tinker Lab, ES, 3:45-4:45 pm, \$68 (includes materials fee), Holidays Jan 15 + Feb 19 + Mar 5, Make-Up Mar 12, No Min - Max 12 Students

We will be tinkering and having lots of fun making all kinds of creative things out of wood, wire, found recycled objects and plastic. We also get to learn about different tools and how we use them to tinker. **About The Instructor:** Fiona Thompson is FSA's art teacher and has taught art in Afterschool Clubs since 2004. She also has worked at the High Museum of Art as an instructor to both public and private schools in the greater Atlanta area.

Drones for Good, 7th-8th Grade, 3:45-4:45, \$103 (includes \$45 materials fee), No Holidays, Min 4 - Max 10 students

Students, do you want to build and fly your own drones? FSA is looking for students to join FSA's Drones Team as we prepare for an end of season competition on March 23, 2018! G3 Drones for Good is an exciting STEM competition with drones for students like you. Don't worry, you do not have to know anything about drones to participate. Participants are strongly encouraged to attend the kickoff event on January 13, 2018 at Grady High School. **About the Instructor:** Kenny Rochester is a Middle School Math teacher at the Friends School of Atlanta.

Variety Show Production Team, MS, 3:30-4:45 pm, FREE, Holidays Jan 15 + Feb 19 + Mar 5

Middle School Students are invited to meet on Monday afternoons from 3:30 until 4:45, free of charge, to learn and practice the skills of producing and running the up-coming Variety Show on March 9th. Chris Willoughby and Sara Moylan are looking for students who want to either manage the stage during the practices and performance night, run lights and sound, or announce the performances. There will also be an opportunity to design promotional materials. This club is for committed students who can make things happen, work cooperatively with others, and bring focus and enthusiasm to the fabulous task at hand. Show time!!!!

Session 3 Clubs

ES = elementary students

MS = middle school students

All = all students

All Elementary Pick-Up Locations are in the Gym, MS Pick-Up Listed

MONDAYS:

Camp Scene Rock

Climbing Adventures K-8th

Drones for Good MS

Art-Tinker Lab ES

ASL ES

Variety Show Production Team (FREE) MS

TUESDAYS:

Kung Fu K-4th

Dance Club ES

Middle School Drama Club (Tue/Thu)

Critter Club MS

WEDNESDAYS:

Gymnastics 3-11 yrs

Lego Robotics MS

Art Studio MS

Drama Club ES

Critter Club 1st - 4th

THURSDAYS:

MS Drama Club (Tu/Thu)

Art-Design Thinkers ES

Chess Club 2nd-8th

FRIDAYS:

Indoor Hockey ALL

Dance Club MS

Brain Ed Fun ES

Individual Music Lessons

- Piano, Flute, Clarinet, Saxophone, Recorder All Ages, Tues - Fri

- Guitar or Ukulele, All

Mondays, 5 Weeks

Camp Scene Rock Climbing Adventure, K-8, 3:30-6:00 pm, \$165 (Includes transportation, safety equipment rental and climbing fees for five trips) Holidays Jan 15 + Feb 19 + Mar 5, (No Make-Up), Min 8 - Max 22 students

Campers will develop their rock climbing skills at Stone Summit, the nation's largest indoor rock climbing gym. Whether beginners or more advanced, campers will have a variety of climbs to undertake under the coaching of Camp Scene Environmental Adventures' experienced, certified belayers utilizing safety harnesses and ropes.

About Camp Scene ... Camp Scene is a summer day camp and after-school field-trip based experiential education program. We are focused on exploring nature, enjoying science and building outdoor skills while instilling curiosity about our world and connecting families in environmental stewardship.

**Due to travel, this club is 2.5 hours to allow for sufficient climbing instruction time*

***You will check the box per usual on the Google form then you will also need to click on the link to sign up directly through Camp Scene. Directions for sign up are provided on the Google form.**

Tuesdays, 8 Weeks

Winter/Spring Middle School Drama Club, 5th-8th Grade, 3:30-5:00, \$224 No Holidays, Make-Up Mar 13, Min 5 - No Max

****Please note this is a TUESDAY/THURSDAY Club for club sessions 3 and 4**

We will be performing the musical, *Freckleface Strawberry*, based on the *NYT* best-selling book by Julianne Moore. For more information on the musical, click go to <https://www.mtishows.com/freckleface-strawberry-the-musical-expanded-version>

ABOUT THE INSTRUCTOR: Chris Willoughby is new to FSA. Chris has 25 years of experience in theater and has directed over 50 plays and musicals. He is excited to be working with Middle School students this year.

Critter Club, 5th- 8th Grade, 3:45 - 4:45, \$92, No Holidays, Make-Up Mar 13, Min 5 - Max 20 Students

Critter Club will be a hands-on, science-based exploration into the world of reptiles and amphibians. Students will learn how to safely handle animals - for the animals' safety as well as the students'. We will spend time getting to know characteristics and behaviors of some amazing species. Particular attention will be paid to the biology, diversity, stewardship and conservation of reptiles and amphibians. **About The Instructor:** Crystal Mandica is an FSA Parent. Crystal is also the Vice President and Director of Education for The Amphibian Foundation, an Atlanta based non-profit corporation; and is also the main instructor of Critter Camp at FSA during the summer.

Kung Fu, K-4th Grade, \$ 3:30-4:30, \$92 or \$102 (with t-shirt materials fee), No Holidays, Make-Up Mar 13, Min 5 - Max 10 Students

Kids Kung Fu, is a fun animal imitating Martial Art. This club teaches and guides in children's coordination and focus, physical and mental well being, and respect and discipline of the mind and body.

Important note to Parents: Kids participating in Kung Fu should wear sweats or shorts, sneakers, and the material fee will cover the t-shirt that your kids will wear during class. (No skirts, dresses, or sandals of any kind.)

If you are returning you do not have to pay another materials fee unless your child does not have his/her t-shirt anymore or needs a larger size. **ABOUT THE INSTRUCTOR :** Gary Mitchell has studied various styles of Chinese Martial Arts with 31 years' experience.

Dance Club, PreK-4th Grade, 3:30-4:30, \$92, No Holidays, Make-Up Mar 13, Min 4 - Max 14 Students

Back by popular demand!! Looking for a great way to have fun after school? Learn to dance and perform!! We will learn a little hip hop, modern, jazz and ballet in a non-competitive, supportive environment. Dance is an exciting way to build self-esteem, make new friends and have fun. We will learn new choreography every week, culminating in an upbeat dance performance for the Variety Show on Friday, March 9th.

About the Instructor: Miriam Arensberg teaches art and dance in FSA's middle school. She graduated from Bard College with a degree in modern dance/choreography/performance art and has performed with many dance companies around Atlanta. She has taught a variety of dance classes to kids and adults and is happy to be teaching dance at FSA.

Wednesdays, 8 Weeks

Gymnastics Club, 3 years - 11 years, 3:30 - 4:30, \$160 (includes materials fee), No Holidays, Make-Up Mar 15, Min 8 - Max 25 Students

***Another instructor will be added after 12 participants**

Come be a part of the Airborne gymnastics program at FSA! Students will learn handstands, cartwheels, forward rolls, round offs, balance beam walks, swings on the bar, pull overs on the bar and more. Coach K has 11 plus years of experience. She is also CPR certified, AED/First Aid certified, and USAG safety certified.

Middle School Art Studio, 5th- 8th Grade, 3:45 - 4:45, \$102 (includes materials fee), No Holidays, Make-Up Mar 15, No Min - Max 15 Students

This class is for middle school students who would like to learn more art techniques to help their overall art skills improve. They will be encouraged to develop their own ideas into a unique art piece that reflects a wide selection of these learned techniques.

About The Instructor: Fiona Thompson is FSA's art teacher and has taught art in Afterschool Clubs since 2004. She also has worked at the High Museum of Art as an instructor to both public and private schools in the greater Atlanta area.

Drama Club, ES, 3:45-4:45, \$92, No Holidays, Make-Up Mar 15, Min 4 - Max 15 Students

The third and fourth quarter of E.S Drama club will be an exciting time of preparing for the Spring Musical. There will be singing, dancing and acting. Part of the time will be spent focused on the play and part of the time will be spent participating in fun drama games and story making as before. Please consider signing your child up for both quarters if you would like for your child to participate in the spring musical. I am so pleased with the enthusiasm and creativity that each child has brought to the first two quarters. Thank you for supporting this life affirming adventure! **About The Instructor:** Sara is beginning her third year as the Music, Movement and Drama Teacher for Friends School. She is delighted to be learning the Orff Schwerk methodology for teaching music to elementary aged children. Rhythm explorations always include movement of all kinds. It's a very child friendly ideology." Before Sara became the music, movement and drama specialist, she taught for 10 years as an FSA classroom teacher, always including music, movement and drama! As a musician, she is currently expanding her vocal arts to include improvisational singing as a student of the world famous singer and teacher of singers, Rhiannon, known for her ensemble work with Bobby McFerrin.

Critter Club, 1st - 4th Grade, 3:45 - 4:45, \$103.50, No Holidays, Make-Up Mar 15, Min 5- Max 20 Students

Critter Club will be a hands-on, science-based exploration into the world of reptiles and amphibians. Students will learn how to safely handle animals - for the animals' safety as well as the students'. We will spend time getting to know characteristics and behaviors of some amazing species. Particular attention will be paid to the biology, diversity, stewardship and conservation of reptiles and amphibians.

About The Instructor: Crystal Mandica is an FSA parent. Crystal is also the Vice President and Director of Education for The Amphibian Foundation, an Atlanta based non-profit corporation; and is also the main instructor of Critter Camp at FSA during the summer.

Wednesdays, 8 Weeks

Lego Robotics MS, 3:45-4:45 pm, \$92, No Holidays, Make-Up Mar 12, Min 4 - Max 10 Students

The theme for this session will be Sumo Robots. During this Robotics session students will, with a partner, construct their own robots and program them to complete a sumo wrestling challenge. No prior experience is needed. **About the Instructor:** Kenny Rochester is a Middle School Math teacher at the Friends School of Atlanta who enjoys programming robots. This is his fifth year as a coach of the FSA Robotics Team.

Thursdays, 8 Weeks

Art - Young Design Thinkers, 1st Grade-4th Grade, 3:45 - 4:45, \$102 (includes materials fee), No Holidays, Make-Up Mar 16, No Min - Max 15 Students

We will become "Young Design Thinkers" and get to create unique design ideas for our new playground. It will involve lots of drawing in a design sketchbook, making small models and working prototypes of our designs to share with our fellow students and FSA community. Our query will be "What new designs will other students love to see on the playground that we can create".

About The Instructor: Fiona Thompson is FSA's art teacher and has taught art in Afterschool Clubs since 2004. She also has worked at the High Museum of Art as an instructor to both public and private schools in the greater Atlanta area.

Winter/Spring Middle School Drama Club, 5th-8th Grade, 3:30-5:00, \$224 No Holidays, Make-Up Mar 13, Min 5 - No Max

****Please note this is a TUESDAY/THURSDAY Club for club sessions 3 and 4**

We will be performing the musical, *Freckleface Strawberry*, based on the NYT best-selling book by Julianne Moore. For more information on the musical, click go to <https://www.mtishows.com/freckleface-strawberry-the-musical-expanded-version>

ABOUT THE INSTRUCTOR: Chris Willoughby is new to FSA. Chris has 25 years of experience in theater and has directed over 50 plays and musicals. He is excited to be working with Middle School students this year.

Chess Club, 2nd-8th Grade, 3:45-4:45, \$92, No Holidays, Make-Up Dec 19, Min 4 - Max 8 Students

Championship Chess presents a systematic, fun, way to build chess skills during chess instruction and while students play. Studies show that chess improves math, reading and problem-solving, and our methods connect these academic benefits to our classes. Classes include instruction, as well as chess play and guided analysis. Please go to www.championshipchess.net for more information.

Please note that the Coach will separate the group by age and level so no need to be concerned about the wide age range.

About the Instructor: Rodney Lewis teaches chess in 12 schools here in Atlanta. He has been coaching for nine years. His older brother taught him how to play back in NYC.



Fr Fridays, 6 Weeks

Floor Hockey, K-8th, 4:00 - 5:00, \$69, Holidays Feb 3 + Feb 17, Make-Up Mar 17, No Min - Max 15 Students

Fiona Thompson will present a fun, action packed hour of exciting Indoor Floor Hockey to elementary and middle school students. We will learn some easy dribbling techniques and play by rules that help both girls and boys to develop teamwork skills together.

*This is an all levels club where any age group can practice and play together safely.

We will hold a pickup hockey game after each club session time for interested players from Grades 5–8 only . Parents are welcome to join us to play or watch their students during this time.

Dance Club, 5th - 8th Grade, 3:30-4:30, \$69, Holidays Feb 2 + Feb 16 , Make-Up Mar 17, Min 4 - Max 14 Students

Back by popular demand!! Looking for a great way to have fun after school? Learn to dance and perform!! We will learn a little hip hop, modern, jazz and ballet in a non-competitive, supportive environment. Dance is an exciting way to build self-esteem, make new friends and have fun. We will learn new choreography every week, culminating in an upbeat dance performance for the Variety Show on Friday, March 9th.

About the Instructor: Miriam Arensberg teaches art and dance in FSA's middle school. She graduated from Bard College with a degree in modern dance/choreography/performance art and has performed with many dance companies around Atlanta. She has taught a variety of dance classes to kids and adults and is happy to be teaching dance at FSA.

The Brain Education Fun and Leadership Club, Prek-8th, 3:45-4:45, \$89 (includes materials fee) Holidays Feb 2 + Feb 16, Make-Up Mar 17, Min 5- Max 12 Students

Sara Moylan is so excited to be able to offer this very special, FUN educational curriculum to elementary students at Friends School. She has been training with Brain Education specialists over the last year to be able to teach students about their untapped physical, mental and emotional strength. If your child loves to move, play hard, and needs to build more strategies for managing focus, energy and emotions during school, and life in general; please consider enrolling him or her in the Brain Education Fun and Leadership Club. It's very hard on self esteem when a child has trouble staying focused in class over and over again, or gets stuck in a negative emotional space. Sara is very passionate about helping children understand and strengthen their bodies, minds and hearts so that they know they can succeed. Participants will be learning a time tested Brain Education Curriculum that they will be able to share with their teachers and classmates, stepping into a leadership role in their school communities. If you would like more information, please contact Sara Moylan, FSA Music and Movement

Teacher: smoylan@friendsschoolatlanta.org.

Individual Music Lessons

No new students for Session 3! Beth Heidelberg will **not** be offering lessons to new students during Session 3. If your child currently takes lessons with Beth, and you would like for him/her to continue, please sign up via the Google form and then call Beth, 404-248-1432.

Mondays, 5 weeks, \$122, Tuesdays, Wednesdays, and Thursdays, 8 weeks, \$194, Fridays, 6 weeks, \$146

Guitar or Ukelele Lessons with Matthew Pendrick, ALL, Mondays \$150 for 5 weeks, Tuesday - Thursday \$240 for 8 weeks, Fridays \$180 for 6 weeks

***Matthew will not be offering financial assistance in Session 3**

I enjoy teaching all ages and appreciate the unique connection that each student brings to the table. I like to begin my lessons by trying to understand the student, where they are coming from personally and musically, and what they are hoping to achieve. With children, my primary goal is engagement and keeping the learning process fun. I strive to strike a balance between making progress on our instrument, which as we know can be challenging, and having fun. I think this balance is the key to longevity. I've found that if music isn't fun, we lose motivation and it's easy for practice to fall by the wayside. After I've gotten a feel for what the students and their parents' are hoping to accomplish, I like to steer the lesson by setting achievable milestones and recognizing each bit of progress. Each student and each lesson are different, so I like to take the time to find what approach works best for each situation. Good technique and a solid grasp of fundamentals will always be an important cornerstone of learning music, but it's just as important to take care in how we arrive at them, in our own time.

Students' lives are often very busy, so I try to stress that practice is best when it happens regularly, if even just for a few minutes. What I find is that once we sit down at the instrument, the motivation to get better is there. I also like to find common ground between the parents and child's musical taste so that music can be a shared experience.

****You must sign your child up on the club sign-up form. Then call or email Matthew, 404-906-4643 or mjpendrick@gmail.com to register your child. Once Matthew has finalized his list of students, he will give to FSA and you will be charged.**

About The Instructor: Matthew Pendrick is a native of Decatur, where he has taught music for 4 years and performed as a professional musician for nearly a decade. His love of music began at a young age, honing his ears while digging through his mother's collection of classic jazz and blues. In grade school, he took up the clarinet, and later the saxophone. His high school marching band had the honor of performing at Georgia Dome, where Matthew performed solos on his alto sax in a Ray Charles inspired show. After earning his Bachelor's degree from Georgia State University, where he studied music and creative writing, Matthew began his teaching career at First Baptist Church of Decatur, where he has also worked as a child care counselor and special needs teaching assistant. An active member of Atlanta's vibrant music scene, Matthew has performed hundreds of concerts and shared the stage with notable acts including Michelle Malone, Cicada Rhythm, and the Whigs. As an instructor, Matthew values the personal engagement that music offers and prioritizes taking a unique approach to each student, based on their goals and motivations.
